

PARAGRAPH STRUCTURE



PARAGRAPH STRUCTURE

A paragraph has a structure, just like an essay. While an essay has an introduction, a main body, and a conclusion, a common paragraph follows a similar structure:

1. **Topic sentence:** The first sentence of the paragraph. Introduces the topic that the paragraph is going to discuss.
2. **Main part of paragraph:** Presents facts or arguments connected to your essay's topic sentence. Discusses or explains these facts or arguments so the reader understands them.
3. **Last sentence:** Ideally, the last sentence either summarizes the paragraph or links to the paragraph that will come next.

Example paragraph:

Starting school later in the morning would benefit students' mental health. Sufficient sleep is proven to be important for managing stress and for processing the events of the day before. Adolescents are already at a higher risk for mental health issues, such as anxiety and depression, and lack of sleep can exacerbate these issues. **By allowing students to get more sleep, schools can help reduce the risk of mental health problems.**

In the example above, the topic sentence clearly states what the paragraph is about. The main part then explains this topic before repeating the main argument of the paragraph.